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THE OPRAH
MAGAZINE

LIVE YOUR BEST LIFE

FRIENDS: CALL ONE TODAY!

HOW TO:
**CONNECT, RECONNECT
& HAVE TONS MORE FUN
WITH YOUR PEEPS**

SPERM-DONOR X

8 women, 5 states, 11 children, and the controversy that unites them

O'S LIFE-CHANGING WEEKEND!

Enter to win

IS YOUR MEDICINE MAKING YOU FAT?

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The Best...

...Sole SAVER

Before breaking out your spring sandals, reach for the Amazing Two-Sided Footscrubber, crafted by a women's cottage industry in Pakistan (gildentree.com, \$8.50).



*For details see
Shop Guide.*